

MONTHLY HARVEST

PART VIII



Worksheet 5

The close of a month offers a moment of transition—a time to gather the fruits that have ripened and clear away the weeds that may have taken root. Some doors may be closing; others opening.

- As you review the past month, take a few minutes first to center yourself. Calm your mind and emotions, lift your consciousness, and focus at the spiritual eye. Then review what you’ve written over the past month. Patterns may come into sharper focus. Themes that were only beginning to emerge may now be clearer. These harvest reflections can help you become more aware of where life may be guiding you.

- **Who were the three people who left the strongest impression on me this month—whether I interacted with them or simply observed them? What did I learn from the experience?**

1) _____

2) _____

3) _____

- **In what ways did my health improve or decline this month? Were there recurring signs of distress?**

● *What victories or breakthroughs am I most satisfied with this month?*

● *What remains incomplete and needs my attention?*

● *Where have doors closed—or are beginning to close—signaling completion or indicating that further efforts may no longer be fruitful?*

● *Where are doors opening, calling me in new directions?*

- *What significant decisions or choices did I make this month, and how have they affected my life so far?*

- *What blessings or unexpected gifts came into my life this month?*

- *What lessons or themes came to light this month?*

- *What am I most grateful for this month?*



Get Started. List the three things you would like to accomplish next month.

1) _____

2) _____

3) _____
