

SPIRITUAL CHALLENGES: INSIGHTS

PART VI



Worksheet 10

Having reflected on these challenges, take a moment to see what is becoming clear within you.

- **What is the most important spiritual challenge you are facing right now?**

- **Are there particular habit patterns or recurring attitudes that are interfering with the quality of your inner life?**

- **Where can you go or what can you do to reopen the channel of inner joy and divine connection?**
