

EARLY WORK EXPERIENCES

PART III



Worksheet 5

Before settling into a full-time career, you likely had a variety of early jobs—short-term or long-term, paid or volunteer—each valuable in its own way.



What were my earliest experiences of work or responsibility?

Think back to the first times you took on a role outside the classroom—whether through a job, internship, volunteer work, or helping in a family business. What were you responsible for?



What motivated me to engage in these activities?

Did you do it to earn money, gain experience, help someone, fulfill a family expectation, explore an interest, or for other personal reasons?



∞ INTERLUDE ∞



CHERISH THE MEMORIES

Take a moment to reflect. Let the images rise — of jobs you've held, the work you loved, the struggles you faced along the way. Enjoy again the excitement of discovering something new in yourself.

Let this session come to a close now or, whenever you feel ready, continue to the next chapter on your journey of Self-discovery.