

HIGHER EDUCATION

PART III



Worksheet 3



What areas of study did I pursue after secondary school?

Consider all the ways you continued your education—whether through university studies, internships, vocational training, apprenticeships, or other hands-on learning that helped you gain knowledge and skills.



What motivated me to explore these areas?

Did you choose these paths out of financial necessity, personal passion, convenience, guidance from others, or other reasons?



What did I learn during these studies that has influenced my life?

Consider the knowledge, insights, and skills that shaped your character, guided your response to challenges, affected the way you relate to others, and deepened your understanding of the world around you.



What self-directed studies did I pursue outside formal education, and what drew me to them?

Reflect on areas where you took the initiative to learn—through books, independent projects, apprenticeships, or guidance from a mentor. How did these experiences deepen your skills and understanding, and in what ways have they contributed to your character?



Who were the people who guided or inspired me during these years, and how did they influence my choices?

Think of mentors, teachers, colleagues, or peers who left a lasting impression. What qualities did you admire in them, and what lessons or perspectives have stayed with you since?