



PART II



- *Who are the people currently in the background of my life who might be hidden messengers?*

- *Have I noticed any clues to their significance, such as the circumstances of my meeting, something they said, or the timing of their arrival in my life?*

- *Has someone I already know, but see only occasionally, made a sudden appearance on the stage of my life? What message or insight did I glean from that interaction?*



In the coming days, pay attention to brief or unexpected encounters. If something strikes you, note it down right away—in your phone, your journal, or your heart.

∞ INTERLUDE ∞



IS THE CAST COMPLETE?

Pause for a moment. Let the scenes you've just revisited settle in your awareness: the enduring friendships, the steady companions, the helping hands, the unexpected encounters.

Read over the names you've written so far. Feel their presence and the part they've played in your story. Ask yourself if there are others—perhaps half-forgotten faces lingering on the edges of your life—who deserve to be acknowledged.

Keep these lists open as you continue. As your introspection deepens in the chapters ahead, other names may surface—sometimes surprising ones. Add them whenever they come to mind. When you feel ready, turn the page—or stop here and return when the time feels right to explore the episodes in your life.